

## How do I register for the service?

The NHS Minor Ailment Service is available from pharmacies across Scotland.

- You can choose which pharmacy to register with.
- You can register at any time – you don't have to make an appointment.
- When you register, your pharmacist may ask you for some information, including your name, date of birth and postcode.
- They will also check whether you can use the NHS Minor Ailment Service and may ask you for proof, for example your maternity or medical exemption certificate. **Try to remember to bring this proof with you.**
- Your pharmacist will complete a form, which you must sign.
- Your pharmacist will complete a separate form for each member of your family, including children under 16, or under 19 and in full-time education.
- You can only register for the service with one pharmacy at a time. If you register with a new pharmacy, you will no longer be registered at the old pharmacy.

**While you are registered for the service you can still make an appointment to see your doctor whenever you like.**

- Remember that even if you can't use this free service, you can go to your pharmacist for advice or to buy a medicine for a minor illness or complaint.

## How does the service work?

- You will be able to get advice and free treatment (if you need it) from your pharmacist for minor illnesses and complaints, such as:

acne	headache
athlete's foot	head lice
backache	indigestion
cold sores	mouth ulcers
constipation	nasal congestion
cough	pain
diarrhoea	period pain
earache	thrush
eczema and allergies	sore throat
haemorrhoids (piles)	threadworms
hay fever	warts and verrucae

- Your pharmacist, like your doctor, can only give out certain medicines and products. You may not get the medicine or product you would normally buy.

- If your pharmacist feels it is better for you to see your GP, they may refer you directly or ask you to make an appointment with your GP.